



the  
distinguished  
church

21 DAYS  
FASTING & PRAYING

JANUARY 9-29

**2023 Daniel Fast**  
**The Distinguished Church Fast**  
**Begins January 9th at 7am-Ends January 29th at noon**

Teleconference Prayer-**Each Wednesday at 6:30am 336-663-6160**

In-Person Corporate Prayer Gathering-**Saturday, January 28th at 6am**

**Week 1: Holiness**

No Meat, No Seafood, No Fried Food, No Rice, No Pasta, No Bread, No Dairy, No Soda and No Sweets.  
Water Only from 7pm to 7am.

**Prayer**

Dear Heavenly Father, there is no one like You. You are my Lord and my Savior. Thank You for Your love and Your grace. Your strength is truly made perfect in my area of need. There is nothing too hard for You. You are good, and Your mercy endures forever. During this time of consecration, I turn my heart to You. I want my life to be holy. I want my habits to match the ways of the Kingdom. Tear down and destroy every stronghold and ungodly connection that hinders my holiness. Break the yoke that keeps me connected to fear, worry, and anxiety. I declare that You are my focus, and I will dwell in Your presence. I am a new creature, and I am created to display Your holiness on the earth. Let Your great works be seen in me. I repent for every time I chose my desires over Your holiness. Thank You for setting me free. I have the victory in Jesus name. Amen.

**Scriptures**

**2 Corinthians 7:1 New Living Translation (NLT)**

Because we have these promises, dear friends, let us cleanse ourselves from everything that can defile our body or spirit. And let us work toward complete holiness because we fear God.

**1 Peter 2:9 New King James Version (NKJV)**

But you *are* a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light;

**Ephesians 1:4 New King James Version (NKJV)**

Just as He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love,

**Psalms 29:2 New Living Translation (NLT)**

Honor the LORD for the glory of his name. Worship the LORD in the splendor of his holiness.

**Ephesians 4:24 New Living Translation (NLT)**

Put on your new nature, created to be like God—truly righteous and holy.

**Exodus 15:11 New Living Translation (NLT)**

"Who is like you among the gods, O LORD— glorious in holiness, awesome in splendor, performing great wonders?"

### **Obadiah 1:17 New King James Version (NKJV)**

"But on Mount Zion, there shall be deliverance, And there shall be holiness; The house of Jacob shall possess their possessions.

#### **Declarations**

**I DECREE AND DECLARE** that I was created to show forth the marvelous works of God. I am full of His strength and peace. Therefore, I live a life of purpose and consecration. The Holy Lamb of God is alive in me, and the Lord orders my steps.

**I DECREE AND DECLARE** holiness will be my pathway. I will not succumb or be distracted by my desires or fears. The Word of God is a lamp unto my feet and a light unto my pathway. I have come too far to turn around now. Divine holiness is my life.

**I DECREE AND DECLARE** that I am a new creation in Christ Jesus. My heart is sensitive to the voice of the Holy Spirit. In this season, I will speak the language of holiness on everything connected to me. New levels of abundance and wisdom will be my daily portion. Nothing is impossible for me.

**I DECREE AND DECLARE** every promise of victory belongs to me, and the power of God's holiness is working in my life and on my behalf. Therefore, I will remain steadfast to the principles of the Kingdom of God in this season. I will not give up, I will not back down, and I will not believe the devil's lies.

**I DECREE AND DECLARE** that a fresh anointing and new wind is flowing. I will no longer look holy; I am holy; and ready to be used by God. Holy Spirit, I give you permission to stir up the gifts in me. Shortcomings and past mistakes are under my feet. I am more than a conqueror in Christ Jesus.

**I DECREE AND DECLARE** that the perfect love of Jesus Christ causes all things to work for my good. My holiness is positioning me for Greater-Better-and More. Faith is rising in my life. The impossible is now possible because the character of God is in my life.

**I DECREE AND DECLARE** I have everything I need as I start this new season. Lack and poverty are not connected to my name. God's holiness allows me to run, not grow weary, and to walk and not faint. I have the power to endure and withstand every attack. The favor of the Lord is my shield, and I have already won.

#### **Week 2: Humility**

No Meat, No Seafood, No Fried Food, No Rice, No Pasta, No Bread, No Dairy, No Soda and No Sweets. Water Only from 7pm to 7am.

#### **Prayer**

Heavenly Father, my Lord, and my King, I thank You for who You are to me and Your love towards me. I thank You for being the Chief and Master of Humility. For it was You, the Almighty, All-Powerful and All-Knowing God, who was found in the fashion of a man, but even in this, You humbled "Yourself" and became obedient unto death, even the death of the cross. I thank You, Father, even now, that the same humility is and will be my portion. I thank You that as I embrace humility, there is a grace being extended to me, even now to do those things that seem or appear to be impossible for me. Every assignment You have given me will display Your grace because I submit my ways unto You. In my submission and humbling myself under Your mighty hand, the wages from my labor are rich and honorable. They are rich and honorable and shall remain and not expire.

You said in Your Word, "Blessed are the humble, for they shall inherit the earth," so Father, I thank You that the earth yields an increase for me to inherit because my heart is found to be humble before You. God, I thank You that this is a "season of inheritance for the humble heart." Likening unto Daniel, thank You for exalting the heart that hides behind the cross. It is the same cross You gave your life upon so that I might inherit eternal life. God, I thank You that the spirit of pride and arrogance is far from me, even in all my dealings with others. I submit myself to the elders or those in authority; not just in position but in knowledge, whether young or old; that I might operate on a kingdom level and re-present You in the earth just as You have commanded. Now God, lead and guide me into thy way everlasting that I might be found distinguished and set apart for your Glory, in Jesus name I pray. Amen.

### **Scriptures**

#### **James 4:6 King James Version (KJV)**

But He giveth more grace. Wherefore he saith, God resisteth the proud, but giveth grace unto the humble.

#### **Proverbs 22:4 New International Version (NIV)**

Humility is the fear of the Lord; its wages are riches and honor and life.

#### **Proverbs 29:23 King James Version (KJV)**

A man's pride shall bring him low: but honour shall uphold the humble in spirit.

#### **1 Peter 5:6 King James Version (KJV)**

Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time:

#### **1 Peter 5:5 New International Version (NIV)**

In the same way, you who are younger submit yourselves to your elders. Finally, all of you clothe yourselves with humility toward one another because "God opposes the proud but shows favor to the humble."

#### **Psalm 25:9 New International Version (NIV)**

He guides the humble in what is right and teaches them his way.

#### **Luke 14:11 King James Version (KJV)**

For whosoever exalteth himself shall be abased; and he that humbleth himself shall be exalted.

### **Declarations**

**I DECREE AND DECLARE** that the spirit of pride is extinguished from my life, and I have been distinguished for my divine destiny. I am set apart to be exalted in due season.

**I DECREE AND DECLARE** that false humility cannot hide within me. Submission upholds my heart to the ways of the Lord.

**I DECREE AND DECLARE** that God's Grace is upon me in every area of my life. Therefore, I walk in humility; mistakes, misunderstandings, or misleadings will not overtake me.

**I DECREE AND DECLARE** that there is no resistance to the plans of God for my life. I will spring forth in victory, with all humility.

**I DECREE AND DECLARE** that I work well with others around me. My family, co-workers, business partners, and all other connections are in right standing and will bring success. God's favor is upon me for every task assigned to me. My heart is humble and open to the ways of the Lord.

**I DECREE AND DECLARE** that I am fit for the Master's use because my heart trembles before the Word of the Lord. His Word is a lamp unto my feet and a light unto my pathway.

**I DECREE AND DECLARE** that the ear of the Lord is inclined to my humble cry. Therefore, I receive wise counsel from the Spirit of the Lord because humility is my portion.

### **Week 3: Hope**

No Fried Food, No Bread, No Dairy, No Soda and No Sweets. Water Only from 7pm to 7am

#### **Prayer**

Dear Heavenly Father, thank You for being a faithful God and a Good Friend. Lord, in Your Word, You promise to withhold no good thing from me and give me hope and a future. Lord, my heart desires to overflow with hope through the power of the Holy Spirit. Lord, let me rest in the spirit of expectation that only hope can bring; help me have hope even in the darkest times and the toughest situations. Lord, though I sometimes get weary, help me to never lose hope. Please help me to hope in You with unmovable trust. Lord, my hope is not in this world. My hope is not in people; my hope is not in my circumstances, but my hope is solely and fully in You. So, Lord, have Your way in my life and keep my hope vested in You. In Jesus name, I pray, Amen.

#### **Scriptures**

##### **Jeremiah 29:11 New Living Translation (NLT)**

For I know the plans I have for you," says the LORD. "They are plans for good and not for disaster, to give you a future and hope.

##### **Psalms 119:114 New Living Translation (NLT)**

You are my refuge and my shield; Your word is my source of hope.

##### **Micah 7:7 New International Version (NIV)**

But as for me, I watch in hope for the Lord, I wait for God, my Savior; my God will hear me.

##### **Proverbs 13:12 The Message (MSG)**

Unrelenting disappointment leaves you heartsick, but a sudden good break can turn life around.

##### **Psalms 25:5 New International Version (NIV)**

Guide me in your truth and teach me, for you are God my Savior, and my hope is in you all day long.

##### **Proverbs 24:13-14 New International Version (NIV)**

Eat honey, my son, for it is good; honey from the comb is sweet to your taste. Know also that wisdom is like honey for you: If you find it, there is a future hope for you, and your hope will not be cut off.

##### **Isaiah 40:31 New International Version (NIV)**

But those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary; they will walk and not be faint.

## **Declarations**

**I DECREE AND DECLARE** that I am blessed because my hope is in the Lord.

**I DECREE AND DECLARE** that joy and peace are overflowing in my life because the God of hope abounds within me.

**I DECREE AND DECLARE** that I will hold unswervingly to the hope I profess.

**I DECREE AND DECLARE** that even in my time of affliction and trouble, my hope will not perish.

**I DECREE AND DECLARE** that God is renewing my strength because of the hope within me.

**I DECREE AND DECLARE** that my eyes are fixed not on what is seen but on what is unseen.

**I DECREE AND DECLARE** that God is filling me with the hope that is so contagious that it overflows to every person connected to me.



**New ERA CREED Student Fast  
(6th to 12th grade)  
January 9th-January 29th**

**Week 1**

*THIS NEW ERA doesn't "fit" into the pattern of this world but the pattern of God's holiness.*

- Reflect on things you do to fit in and ask God for help in those areas.
- Share with your parent or guardian what it means to live holy.
- NO SOCIAL MEDIA AND NO GAMING SYSTEMS from 7pm to 7am.

**Scriptures**

**Romans 12:1-2 The Message (MSG)**

“So here’s what I want you to do, God helping you: Take your everyday, ordinary life—your sleeping, eating, going-to-work, and walking-around life—and place it before God as an offering. Embracing what God does for you is the best thing you can do for him. Don’t become so well-adjusted to your culture that you fit into it without even thinking. Instead, fix your attention on God. You’ll be changed from the inside out. Readily recognize what he wants from you, and quickly respond to it. Unlike the culture around you, always dragging you down to its level of immaturity, God brings the best out of you, develops well-formed maturity in you.”

**1 Peter 2:9-10 The Message (MSG)**

“But you are the ones chosen by God, chosen for the high calling of priestly work, chosen to be a holy people, God’s instruments to do his work and speak out for him, to tell others of the night-and-day difference he made for you—from nothing to something, from rejected to accepted.”

**Prayer**

Dear God, in a world where so many people my age are doing whatever it takes to fit in, give me the courage and the boldness to stand out, and stand firm in Your will, Your way, and Your purpose for my life. Help me to create patterns and habits of holiness. In Jesus name I pray. Amen

**Week 2**

*THIS NEW ERA may be real “peculiar” to man, but a royal priesthood in the eyes of God. THIS NEW ERA is comfortable with being rejected by man but accepted by God. Being peculiar means to be a special possession of God.*

- Reflect on what it means to be a child of God and walk in humility.
- Share with your parent or guardian three steps you will take this year to walk in humility as you live out God’s plan for your life.
- NO SOCIAL MEDIA AND NO GAMING SYSTEMS from 7pm to 7am

## Scripture

### **1 Peter 5:5-7 The Message (MSG)**

“And you who are younger must follow your leaders. But all of you, leaders and followers alike, are to be down to earth with each other, for— God has had it with the proud, But takes delight in just plain people. So be content with who you are, and don’t put on airs. God’s strong hand is on you; he’ll promote you at the right time. Live carefree before God; he is most careful with you.”

## Prayer

Dear God, thank You for choosing me. Help me to humble myself before You and see myself the way You see me. Show me how to see the blessings in being a special possession of Yours and help me not to be discouraged by the rejection of man when holiness and humility is what I seek after. In Jesus name I pray. Amen

## Week 3

*THIS NEW ERA will take back their power and step into their rightful place as young people of God with hope in Him!*

- Write out 3 power moves for the year! These are goals, personal and academic, that you hope to achieve with the assistance of God.
- Pray over the 3 power moves with your parents or guardians.
- NO SOCIAL MEDIA AND NO GAMING SYSTEMS from 7pm to 7am.

## Scriptures

### **Jeremiah 29:11 The Message (MSG)**

“I know what I’m doing. I have it all planned out—plans to take care of you, not abandon you, plans to give you the future you hope for.”

### **Psalms 25:5 New International Version (NIV)**

Guide me in your truth and teach me, for you are God my Savior, and my hope is in you all day long.

## Prayer

Dear God, Thank You that I still have hope and that my hope is in You. I want the power to walk boldly and live holy, the confidence to be a representative of You that walks in humility, and the grace to do it in a world that may not understand me. I know that with You all things are possible, so give me the power to dream bigger, aim higher, and go further with You than ever before. I am expecting You to show up big in ALL areas of my life this year, and when You do, I won’t hesitate to tell the world that You did it. In Jesus name I pray. Amen